

City Heights Recreation Center 4380 Landis Street, San Diego, 92105
Located just east of Fairmount Avenue, south of University Avenue. From Euclid Avenue, go west on Landis Street.

Classes are Every **Wednesday**
April 11 – June 13
A Total of 10 Weeks

New Students & Stars, Ages 5-7 5:30-6:10
New Students & Stars, Ages 8-9 6:15-6:55
New Students & Stars, Ages 10+ 7:00-7:40



Cheerleading!

Marvin Elementary 5720 Brunswick Avenue, San Diego, 92120
From Navajo Road, turn right on College Avenue/Waring Road. Then turn right on Galewood Street and right on Brunswick Avenue.
Classes are Every **Tuesday**
April 10 – June 5
A Total of 9 Weeks

New Students & Stars, Ages 5-7 6:15-6:55
New Students & Stars, Ages 8-9 7:00-7:40
New Students & Stars, Ages 10+ 7:45-8:25

Attire for Cheerleading: Students should wear comfortable clothing; shorts or sweat pants with a t-shirt and tennis shoes. Pom poms are available at class for \$20. If desired, you may purchase a uniform (vest, skirt, bloomers & socks) at class.

HIP-HOP DANCE!



Green Elementary 7030 Wandermere Avenue, San Diego, 92119
From Navajo Rd., go south on Park Ridge Blvd., then left on Wandermere. Or, from Navajo Rd., go south on Golfcrest Dr., then right on Wandermere.
Classes are Every **Friday**
April 13 – June 8
A Total of 9 Weeks

All Students, Ages 6-7 6:15-6:55
All Students, Ages 8-9 7:00-7:40
All Students, Ages 10+ 7:45-8:25

* Gain Self-Confidence
* Dance to Today's Hottest Music
* Complete in our State Competition
* Popular with Both Boys & Girls
* Develop Creative Expression
* Fun, High Energy Classes

Adams Elementary 4672 35th Street, San Diego, 92116
Located between the 805 Freeway and the 15 Freeway. From Adams, go south on 35th Street.
Classes are Every **Wednesday**
April 11 – June 6
A Total of 9 Weeks

All Students, Ages 6-7 6:15-6:55
All Students, Ages 8-9 7:00-7:40
All Students, Ages 10+ 7:45-8:25

Clothing: Wear comfortable clothing, shorts or sweat pants with a t-shirt and tennis shoes. If desired, dance t-shirts are available at class for \$10.

Jefferson Elementary 3770 Utah Street, San Diego, 92104
Located just south of University Avenue, about ½ mile west of the 805 Freeway.
Classes are Every **Monday**
April 9 – June 11
A Total of 9 Weeks
No Class 5/28

New Students, Ages 5-7 6:15-6:55
New Students, Ages 8+ 7:00-7:40
Yellow Belts 7:00-7:40

**Self-Defense &
Safety Awareness!**



* Improve Academic Skills
* Acquire Defense Techniques
* Gain Confidence
* Self-Discipline
* Increase Concentration
* Advance in Rank & Belt
* Learn Karate, Tae Kwon do & Kung Fu

Foster Elementary 6550 51st Street, San Diego, 92120
Located between Mission Gorge Road and Waring Road. From Zion Ave., go south on 51st Street.
Classes are Every **Thursday**
April 12 – June 7
A Total of 9 Weeks

New Students, Ages 5-7 6:15-6:55
New Students, Ages 8+ 7:00-7:40
Yellow Belts & Above 7:45-8:25

Uniforms for Self Defense: A uniform is highly recommended, and is available throughout the course. All uniforms come with a white belt. Uniforms are \$30 (all sizes). Students can wear shorts or sweat pants and a t-shirt.

- * Learn Different Drawing & Painting Methods
- * Explore Various Styles of Art
- * Expand Creativity & Imagination
- * Strengthen Individual & Group Skills
- * Have Fun Drawing Cartoons & Anime
- * End of Session Art Show & Competition



ART & Illustration!

Clay Elementary 6506 Solita Avenue, San Diego, 92115
Located between College Ave. and 70th Street. From El Cajon Blvd., go south on Rolando Blvd., then turn right on Solita Avenue. Or, from University Ave., go north on Rolando Blvd., then turn left on Solita Avenue.
Classes are Every **Friday**
April 13 – June 8
A Total of 9 Weeks

All Students, Ages 5-8 6:30-7:10
All Students, Ages 9+ 7:15-7:55

Materials: For all new students, there will be a one time required material fee of \$25, which includes all essential art supplies (sketchbook and art kit to keep). Additional kits and art supplies available for purchase if desired.

Registration: Please register 20 minutes before your class time with the instructor at the location you will be attending. If you miss the first week, you may register 10 minutes before your class up to the fourth week. All students ages 5-15 are accepted.

Class Fees For Each Program: Only \$6.00 per lesson if you pay in full, or \$7.00 if you pay weekly. There is an \$8.00 registration fee paid once per session. **Scholarships Available.**

Missed Lessons: Lessons can be made up. Medals will be awarded for perfect attendance.

Classes Only
\$6 per lesson
If paid in Full!
OR
\$7 per lesson
If paid Weekly!
40 Minute Classes!

☆ For Other Cities and More Information Please Call (800) 956-6956 ☆

Curriculum and Instruction Provided by Young Champions,
© 2012 Young Champions Recreation Programs, Inc.

APPROVED
By 153261 at 8:28 am, Mar 15, 2012



This program, event or activity is not presented, endorsed, recommended, supervised or sponsored by San Diego Unified School District. The district assumes no liability or responsibility for any loss or injury arising out of participation and is merely permitting this material to be disseminated at this facility because of the possible interests of students and/or faculty.



City Heights Recreation Center 4380 Landis Street, San Diego, 92105

Localizado justo al este de la Ave. Fairmount, al sur de la Ave. University. De la Ave. Euclid vaya al oeste en la calle Landis.

Clases son Cada Miércoles
Abril 11 – Junio 13
Un Total de 10 Semanas

Estudiantes Nuevos y Stars, Edades 5-7 5:30-6:10
Estudiantes Nuevos y Stars, Edades 8-9 6:15-6:55
Estudiantes Nuevos y Stars, Edades 10+ 7:00-7:40

Marvin Elementary 5720 Brunswick Avenue, San Diego, 92120

De Navajo Rd. Voltear a la derecha en la Ave. College/Waring Rd. Después voltear a la derecha en la calle Galewood, y a la derecha en la Ave. Brunswick.

Clases Son Cada Martes
Abril 10 – Junio 5
Un Total de 9 Semanas

Estudiantes Nuevos y Stars, Edades 5-7 6:15-6:55
Estudiantes Nuevos y Stars, Edades 8-9 7:00-7:40
Estudiantes Nuevos y Stars, Edades 10+ 7:45-8:25

Attire for Cheerleading: Students should wear comfortable clothing; shorts or sweat pants with a t-shirt and tennis shoes. Pom poms are available at class for \$20. If desired, you may purchase a uniform (vest, skirt, bloomers & socks) at class.



Cheerleading!

- * Aprenda Porras, Cantos y Rutinas de Baile
- * Prepárate para las Pruebas de Cheer de tu Colegio
- * Participe en nuestras Competencias del Estado
- * Aumenta tu Habilidad de Trabajo en Grupo
- * Obtenga Confianza y Auto Estima
- * Avance de Principiante (Stars) a Elite

BAILE



Green Elementary 7030 Wandermere Ave., San Diego, 92119

De Navajo Rd., vaya al sur en Park Ridge Blvd., después a la izquierda en Wandermere, O, de Navajo Rd., vaya al sur en Golfrest Dr., después a la derecha en Wandermere.

Clases Son Cada Viernes
Abril 13 – Junio 8
Un Total de 9 Semanas

Todo Estudiante, Edades 6-7 6:15-6:55
Todo Estudiante, Edades 8-9 7:00-7:40
Todo Estudiante, Edades 10+ 7:45-8:25

Adams Elementary 4672 35th Street, San Diego, 92116

Localizada entre el freeway 805 y el 15. De Adams vaya al sur en la calle 35.

Clases Son Cada Miércoles
Abril 11 – Junio 6
Un Total de 9 Semanas

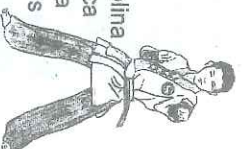
Todo Estudiante, Edades 6-7 6:15-6:55
Todo Estudiante, Edades 8-9 7:00-7:40
Todo Estudiante, Edades 10+ 7:45-8:25

- * Participe en Nuestras Competencias del Estado
- * Baile con la Musica de Moda
- * Popular con Chicos y Chicas
- * Obtenga Confianza en si Mismo
- * Desarrolle Expresion Creativa
- * Diveritido, Clases con Mucha Energia

Atuendo: Use ropa confortable, shorts o sudaderas con una camisetla y zapatillas de tenis. Si desea las camisetas de baile las vende en clase por \$10.

Self-Defense &

Safety Awareness!



Jefferson Elementary 3770 Utah Street, San Diego, 92104

Localizado justo al sur de University Ave., media milla al oeste del Hwy. 805.

Clases Son Cada Lunes
Abril 9 – Junio 11
Un Total de 9 Semanas
No Hay Clase 5/28

Estudiantes Nuevos, Edades 5-7 6:15-6:55
Estudiantes Nuevos, Edades 8+ y 7:00-7:40
Cinturones Amarillos 7:00-7:40

Foster Elementary 6550 51st Street, San Diego, 92120

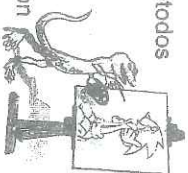
Localizado entre Mission Gorge Rd. y Waring Road. De la Avenue. Zion vaya al sur en la calle 51.

Clases Son Cada Jueves
Abril 12 – Junio 7
Un Total de 9 Semanas

Estudiantes Nuevos, Edades 5-7 6:15-6:55
Estudiantes Nuevos, Edades 8+ 7:00-7:40
Cinturones Amarillos y Demas 7:45-8:25

Uniformes: Uniformes son recomendados y estarán disponibles el primer día de clase y a través del curso. Los uniformes cuestan \$30 (en cualquier talla). También aceptamos niños y jóvenes en shorts o sudaderas y una camisetla.

ART & Illustration!



- * Expanda su Creatividad & Imaginación
- * Aprenda Diferentes Métodos de Dibujo & Pintura
- * Refuerce su Habilidad Individual y de Grupo
- * Diviértase Dibujando Caricaturas & Animación
- * Competencia & Show de Arte al final de la sesión
- * Explore los Diversos Estilos de Arte

Clay Elementary 6506 Solita Avenue, San Diego, 92115

Localizada entre la Ave. College y la calle 70. De El Blvd. El Cajón vaya al sur en el Blvd. Rolando, después voltear a la derecha en la Ave. Solita, o de la Ave. University ir al norte en el Blvd. Rolando, después voltear a la izquierda en la Ave. Solita.

Clases Son Cada Viernes
Abril 13 – Junio 8
Un Total de 9 Semanas

Todo Estudiante, Edades 5-8 6:30-7:10
Todo Estudiante, Edades 9+ 7:15-7:55

Materiales: Para todos los Nuevos Estudiantes, habrá una cuota única de \$25 requerida para los materiales de arte necesarios (cuaderno de dibujo y el kit de arte para quedarse). Hay Kits adicionales y materiales de arte disponibles para su compra.

Costo de Clase Para Cada Programa: Solo \$6.00 por lección si paga completo por toda la sesión, o \$7 si paga semanal. La registración es de \$8.00 y se paga una vez por de sesión. **Becas Obtenibles.**

Inscripciones: Favor de registrarse 20 minutos antes de que comience tu clase, con el instructor, en la localidad que usted atenderá. Si usted perdió la primera semana de clase, puede registrarse 10 minutos antes de la siguiente clase, hasta la 4ta semana. Todos los Estudiantes de 5-15 años son aceptados.

Si Faltan a Una Clase: La pueden recuperar la próxima semana tomando una clase-después de la otra. Sé darán medallas a alumnos con perfecta asistencia.

Clases Solo \$6 por leccion
cuando paga completo!
O
\$7 por leccion
cuando paga semanal!
Clases 40 Minutos!

Para Otras Ciudades o Mas Información Favor De Llamar Al (800) 956-6956

Instrucciones y Curriculo Proporcionado por Young Champions.
© 2012 Young Champions Recreation Programs, Inc.

APPROVED
By 153261 at 8:28 am, Mar 15, 2012



This program, event, or activity is not presented, endorsed, recommended, supervised or sponsored by San Diego Unified School District. The district assumes no liability or responsibility or any less or injury arising out of participation and is merely permitting this material to be disseminated at this facility because of the possible interest of students and/or faculty.