

# AMERICA'S YOUTH OUTREACH PROGRAMS . . .

Presents an Athletic Enrichment Program

for Boys & Girls Ages 5 & Up . . .

This is A Year-Round Program



**Stranger  
Danger  
Awareness  
Taught**

## YOUTH SELF-DEFENSE Karate & Safety Awareness Program

Program Founded & Directed by USA Martial Arts "Hall of Famer"

- OUR INSTRUCTORS SPECIALIZE IN TEACHING CHILDREN.
- A COMPLETE GOAL - ORIENTED PROGRAM NOT JUST AN INSTRUCTOR!
- PERFECT ATTENDANCE AWARDS (MEDALS, TROPHIES & PLAQUES!)
- **You cannot buy them - you must earn them !!!**
- ADVANCEMENT IN RANK OFFERED FROM BEGINNER TO BLACK BELT LEVEL!
- COMPETITION TOURNAMENTS - TO PROMOTE A BETTER COMPETITIVE ATTITUDE!

Para información  
en español llamen al  
(619) 282-3066

**ONLY \$ 7.00 PER WEEK - PAY WEEKLY!**

Family Discount 2 kids \$6.00 Each - 3 kids \$5.00 Each

*This program is designed to promote a higher level of **Self - Confidence, improve Self - Esteem, Discipline, Concentration and Physical Fitness, many times improving their social interaction and academic performance!** Students are placed into classes according to age and ability. **Only Self-Defense is promoted!***

**HELD AT:**

**OUR SAVIOR'S LUTHERAN CHURCH**

4011 Ohio Street, North Park CA

*DIRECTIONS:* From University Ave. turn onto Ohio St. and go North 2 blocks (Ohio is just West of 805 FWY). Church is on your right.

Please check  
[www.ayop.org](http://www.ayop.org)  
for maps

**Now Accepting  
New Students!**

**CLASSES ARE EVERY WEDNESDAY, JAN. 11 - MARCH 28**

(12 Weeks)

**REGISTRATION: WEDNESDAY, JAN. 11**

**CLASS TIMES WILL BE:**

New Students: 5:00 - 5:40 pm

Yellow: 5:45 - 6:25 pm

Orange: 6:30 - 7:10 pm

Purple & Up: 7:15 - 7:55 pm

**New Students Register 20 Min. Before Class**

Register up to week #4

**Class fees are only \$ 7.00 each week plus a one-time \$5.00 registration fee each semester. You may pay weekly or to receive a DISCOUNT you may pay in full!** If you miss the first class you may register up to week #4, show up 10 minutes prior to the class time. **A Uniform (GI'S) are available at class. They are recommended, but not mandatory.** We fit your Child to the proper size. GI'S are \$35.00. Classes begin the first day and students should wear baggy pants or sweat pants & t-shirt. **No Shorts!**

**See You There!**

**NO PRE-REGISTRATION -- REGISTER UP TO WEEK #4 AT TIMES LISTED!**

**FOR MORE INFORMATION OR \*LOCATION NEAREST YOU CALL (619) 282-3066 • [www.ayop.org](http://www.ayop.org)**